



SWIFT

September 2023

SPEECH WORKERS OF IOWA FEATURE THEMSELVES

IHSSA + YOU

HELLO! HELLO!

**What's
in this
issue?**

- **COACHES CONVENTION**
- **MEMBERSHIP DUES**
- **RIGGLEMAN COACH AWARD**
- **JUDGE CERTIFICATION**
- **NFHS LEARN COURSES**
- **ADMINISTRATOR AWARD**
- **CONTEST SITES**
- **RISE STUDENT ENSEMBLE**

"The philosophy of the IHSSA is built upon the belief that no form of activity is any more important than that of learning to communicate effectively."

About the IHSSA

The IHSSA philosophy is built upon the belief that no form of activity is any more important than that of learning to communicate effectively. The Iowa Interscholastic Speech Association was organized in November 1943.

It was an outgrowth of a desire to expand the splendid work the Iowa High School Declamatory Association had done since 1887.

Today, we are the Iowa High School Speech Association + YOU!



Stacy Hansen Executive Director

Stacy began her IHSSA journey as a student at Exira High School. She received her BA in Speech/Theatre/English Education from ISU and her MA in Directing from Chicago's College of Performing Arts at Roosevelt University. She taught at Clinton High School and then at West Des Moines Valley for a total of 30 years. In 2022, she began her new role as the IHSSA Executive Director. Derek, her husband, is an orchestra director. They are joined by two children: Lincoln and Scout.

Pam Wymer Administrative Assistant

Pam is a farmer's daughter from Collins, Iowa. Proud mom of son, J.R. and daughter Lacia AND a very proud Grandma! Valley High School was Pam's home for 39 years where she served as the Counseling Secretary for 12 years, and then as the Assistant to the Principal for 16 years. Pam semi-retired in 2012, but stayed on as the Advanced Placement Coordinator and ticket seller for all of the athletic events.



A Lil' Acorn



Our son Lincoln is a “route setter” at the Salt Pump Climbing Co. in Portland, Maine. A route setter invents/designs/advises the climbs on a bouldering or climbing wall. He creates the placement of the holds on a route and places them in carefully constructed paths for all levels. Route setting is an art form that challenges a climber’s physique and brain while also teaches climbing techniques. It requires a very unique, very specialized set of skills. Ones that I can attest to-- are not in my DNA.

I am sure our Colorado summer vacations played well with Lincoln’s adventurous spirit and his future career—a career that is eight states away from Iowa. Perhaps, it was Greenwood Elementary’s jungle gym that ignited his passion. Of course, it could also have been those Netflix documentaries, I suppose. Or possibly that book report he did in 7th grade on Mt. Everest.

During our weekly Zoom and in-between updates of his newest hobby (surfing) and the mouse-in-the-apartment situation, I pushed Lincoln to revisit his pathway to Maine. “Remind me— how did you get there?”

Lincoln was quick to affirm that Maine offers accessible climbing terrain as well as a robust climbing community/culture. Lincoln also added his natural adrenalin-rush, adventure-seeking interests along with our mountain trips supported his ambitions. (I KNEW IT! I KNEW IT!) Finally, he paid tribute to-- his teachers who-- set the route for him.

“**Mrs. Peterson** (1st grade) made all the activities interesting and got everyone in the class involved.

Mrs. Thies (4th grade) let me express my interest in different cultures.

Mr. Sweat (Jr. High PE) didn’t boss us around. He understood we needed to have fun and he encouraged us to have fun and get...sweaty.

Mr. Patterson (7th grade History) had the coolest activities EVER! He let us spray paint and used art to make class fun.

Mrs. Brott (Jr. High Family and Consumer Sciences) was kind. I always knew she cared for me.

Mr. Giofreddi (US History) actually took the time to ask me about my climbing and showed interest in me outside of school work.

Mx. Nguyen (Creative Writing) let me express my own thoughts openly in class and let me pick my own subjects.

Coach “Schwenny” (X Country) was persistent and taught me discipline. She taught me to believe in myself.

And...the teacher who I truly connected with the most...

Mr. Ralph Young (Welding) He talked to me on my level and helped me know it was OK to be me. He recognized that I... was... me... Lincoln."

I am so grateful to you, IHSSA Family, for offering **all students**—each and every single individual one of them—the opportunity to ascend, clamor, rise, scale, and soar! YOU make everlasting differences, and set the course for a child's life-long journey upward. YOU are exemplary route setters--creating challenging, well-supported, engaging paths! Sending along all my best "holds" for a fantastic school year!

CLIMB ON!

Stacy S. Hansen, IHSSA Executive Director



IHSSA * YOU:

The Story of Us

Coaches Convention

October 13 & 14, 2023



Gateway Hotel & Conference Center, Ames, Iowa

IHSSA + YOU: *The Story of Us*

Think about *your story with the IHSSA*. Perhaps when you were a high schooler, you were actively involved in Large Group or Individual Speech categories. Perhaps you were a parent who watched your children speaking strong words that truly impacted you and everyone else in the audience. Perhaps you were a judge who transferred your knowledge to a coaching position. This year's IHSSA Coaches Convention inspires us to open the *cover* of our books and focus on our stories.

Looking through our *table of contents* you'll see *spellbinding* presenters sharing their stories and talents. Full *chapters* (aka sessions) include mime, administrator advocacy, stage combat, one-act tech, brain breaks/games, and so much more. In addition to the chapters, we'll introduce you to mini-sessions and a workshop! We invite you to bring a book or play to swap at this year's convention. Two *acclaimed* coaches will be inducted into the Hall of Fame. Of course, we cannot forget the *satisfying* and *brilliant* dessert bar presented by the NE district.

The *next chapter* of *IHSSA + You* will be held October 13/14 at the Gateway Hotel and Conference Center in Ames, Iowa. When this *chapter* ends, you will walk away with new insights for coaching and teaching speech and debate in Iowa, and you will also be eligible to win *irresistible and unpredictable* prizes for early registration (before October 1).

At this year's convention, you will write another page in your story with the IHSSA. What will it say? What influential words will you leave on our hearts?

IHSSA CONVENTION COMMITTEE

Co-Chairs Debbie & Matt DeVore (Maquoketa Valley), Robin & Darrin Crow (Cedar Valley Christian), Cynthia Koster (Denison), Laurel Olsen (Denison), Jaque Seidl (ADM), Kevin Seney (Grinnell)

IHSSA 51ST ANNUAL SPEECH COACHES CONVENTION

OCTOBER 13-14, 2023

GATEWAY HOTEL, 2100 GREEN HILLS DRIVE, AMES, IA

800.367.2637/515.292.8600

WWW.GATEWAYAMES.COM

IHSSA + YOU:

The Story of Us

Coaches Convention

October 13 & 14, 2023



CONVENTION

REGISTRATION:

ALL CONVENTION
REGISTRATION IS
ONLINE AT

WWW.IHSSA.ORG.

LINK: WWW.IHSSA.ORG/DEFAULT.ASPX

HOTEL

REGISTRATION:

DOUBLE/KING: \$134

EXECUTIVE KING: \$134

JR. SUITE: \$149

800.367.2637/515.292.8600

DUE: SEPTEMBER 20! AFTER
SEPTEMBER 20, THESE ROOMS
WILL BE RELEASED! RESERVE
YOUR ROOM EARLY!

ONLINE [GATEWAY HOTEL
RESERVATIONS LINK](#)

5 YEARS OF LESS?

IF YOU ARE COACH OF 5 YEARS
OR LESS, PLEASE CHECK THE
IHSSA WEB SITE FOR A
POSSIBLE FREE CONVENTION
REGISTRATION! INFO
ALSO IN THIS ISSUE
OF SWIFT!

WOW!

SCHEDULE:

FRIDAY, OCT. 13

PRE-CONVENTION: 9:30 AM

TICKETED LUNCH: 11:15 AM

KEYNOTE: 12:15 PM

SESSIONS: 1:15 PM

DISTRICT MEETINGS: 4:30 PM

FORMAL HALL OF FAME

DINNER: 6:30 PM

BE SURE TO TELL GATEWAY HOTEL YOU ARE
ATTENDING THE IHSSA CONVENTION.
GATEWAY WILL HOLD ROOMS UNTIL OCT. 1.
THEN, ALL ROOMS WILL BE OPEN TO THE
PUBLIC. RESERVE YOUR ROOMS EARLY.

COST:

\$145

LUNCH ADD ON:

\$25

HALL OF FAME
DINNER IS A TIME
TO
DRESS UP A BIT.
WE SUGGEST
BUSINESS ATTIRE.

SCHEDULE:

SATURDAY, OCT. 14

BREAKFAST: 7:30 AM

SWIFT SESSIONS: 9:00 AM

SESSIONS: 10:00

JUDGE

CERTIFICATION CLINIC:

12:30 PM

3 GRADUATE CREDIT HOURS!

YOU WILL BE ABLE TO EARN 2
GRADUATE CREDIT HOURS AT
THE CONVENTION. LOOK FOR
MORE INFO IN THIS SWIFT AND
ONLINE AT WWW.IHSSA.ORG

IHSSA COACHES CONVENTION HOTEL INFORMATION

GATEWAY

HOTEL

REGISTRATION

DOUBLE/KING: \$134

EXECUTIVE KING: \$134

JR. SUITE: \$149

800.367.2637/515.292.8600

DUE: SEPTEMBER 20! AFTER SEPTEMBER 20, THESE ROOMS WILL BE RELEASED! RESERVE YOUR ROOM EARLY!

ONLINE GATEWAY HOTEL RESERVATION LINK:

[GATEWAY LINK](#)

HOTEL RAMADA: OVERFLOW

SINGLE: \$169

DOUBLE: \$209

515.268.8808

DUE: SEPTEMBER 20! AFTER SEPTEMBER 20, THESE ROOMS WILL BE RELEASED! RESERVE YOUR ROOM EARLY!

ONLINE HOTEL RESERVATION LINK:

[RAMADA LINK](#)

HOTEL

BEST WESTERN: OVERFLOW

DOUBLE: \$199

515-296-2500

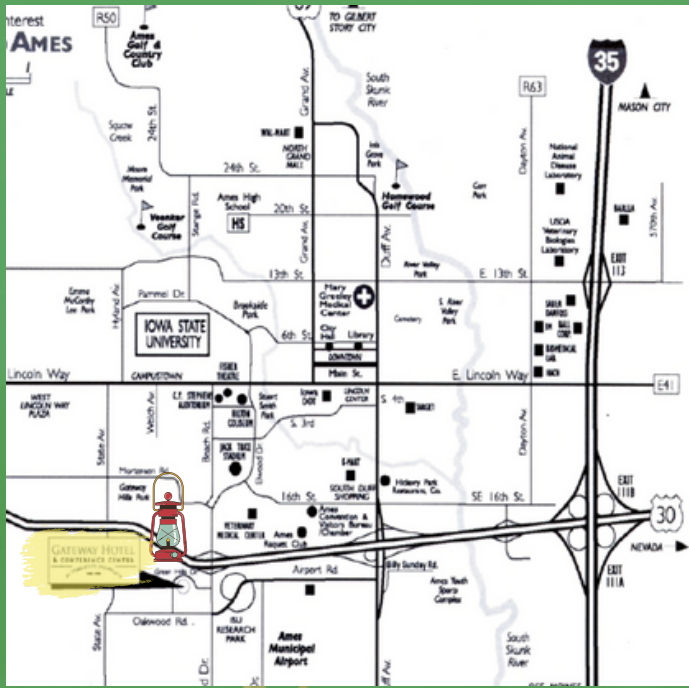
DUE: SEPTEMBER 20! AFTER SEPTEMBER 20, THESE ROOMS WILL BE RELEASED! RESERVE YOUR ROOM EARLY!

ONLINE HOTEL RESERVATION LINK:

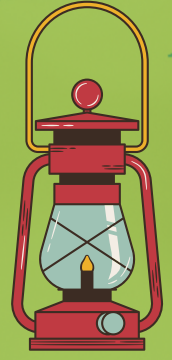
[BEST WESTERN LINK](#)



BE SURE TO TELL GATEWAY HOTEL YOU ARE ATTENDING THE IHSSA CONVENTION. GATEWAY WILL HOLD ROOMS UNTIL OCT. 1. THEN, ALL ROOMS WILL BE OPEN TO THE PUBLIC. RESERVE YOUR ROOMS EARLY.



DIRECTIONS to the GATEWAY HOTEL:



Take HWY 30 into Ames.
Exit at 146 or Elwood Drive.
Head south on Elwood Drive.
Turn right (or west) on Green Hills Drive.
You can see the GATEWAY from the HWY.

FREE CONVENTION REGISTRATION for 5 YEARS or LESS IHSSA COACHES

4 free registrations will be given away to IHSSA coaches who have been coaching 5 years or less!

1 free registration will be given away to a young coach in EACH of the IHSSA districts. Winners will be announced at the breakfast on Saturday morning of the Convention. To submit your name (and this is so EASY!):

Write a 50 word or LESS paper on why you feel going to the IHSSA Coaches Convention would help you this coming year.

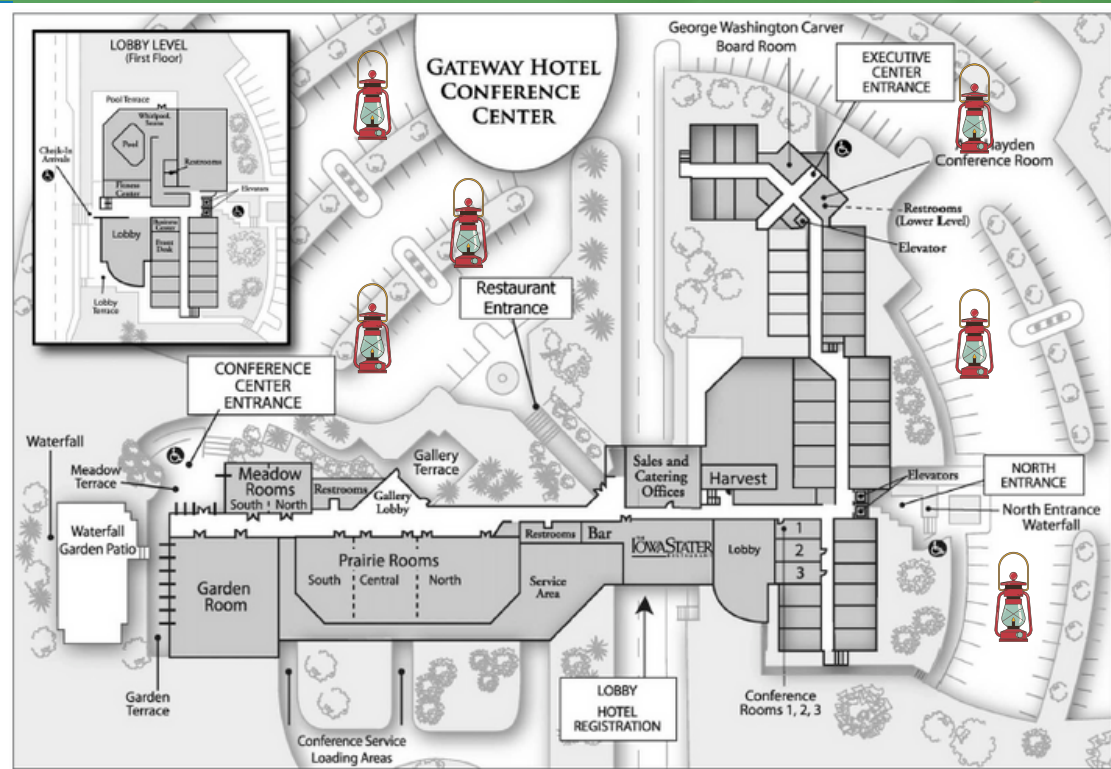
Please send that paper to the State Office. If your name is chosen, we will either refund your registration fee to the school (if they paid the registration) or refund the registration fee to you (if you paid) for the Convention fee.

Due DATE: October 4!

Send to: Stacy@ihssa.org

BREAK A LEG!

FREE CONVENTION REGISTRATION!



PARKING



is FREE all around the hotel. Park in the NORTH lot for hotel or the WEST lot for Convention.

Richard Riggleman Young Speech Coach AWARD

APPLY TODAY!

IHSSA Fine Arts Administrator AWARD

The Richard Riggleman Speech Coach Award was established to recognize young IHSSA Speech Coaches. The award consists of 1,000 per year, renewable for two consecutive years, for a total of \$3,000.

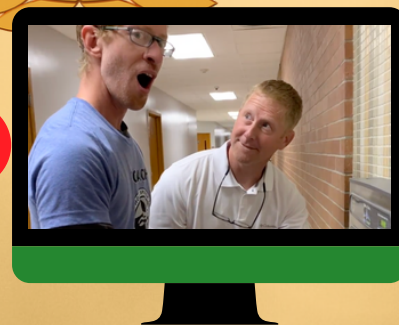
The recipient must be a second/third year teacher as of the start of the 2023-2024 school year and active in IHSSA activities. The award will be presented at the annual IHSSA Speech Coaches Convention. *Those interested may contact the IHSSA State Office for an application.*

[Here is the RICHARD RIGGLEMAN APPLICATION LINK.](#)

The profile of the recipient should reflect the following disciplines: (1) must be in a second year residence of teaching at an Iowa School participating in the IHSSA; (2) show a commitment to coaching speech, large group events, individual events, and/or debate; (3) demonstrate excellence in the coaching of speech; (4) have past experience competing in high school or college speech; and (5) present a scholastic record with an emphasis in speech courses.

The Riggleman Award is the first of its kind that has been established with the IHSSA. Mr. Riggleman was an active IHSSA coach for over 30 years and still remains very active with IHSSA activities as a judge, State Debate Tournament manager, and manager for numerous State and District contests. Richard Riggleman was inducted into the IHSSA Hall of Fame in 1994.

The IHSSA is extremely grateful to Mr. Riggleman for his generous and continued support of the Iowa High School Speech Association.



This award will be given to one Administrator at the Fall Convention. The award was developed by the IHSSA Executive Committee to recognize those administrators in Iowa who go above and beyond the call of duty for IHSSA.

To receive this award an administrator must be nominated by their IHSSA coach. This nomination should be in letter form no longer than 2 pages and not less than 1. In the letter, each coach should state the reasons why this administrator should be recognized as the IHSSA Fine Arts Administrator of the year.

This person can be any administrator in your district. For example, Supt., Principal, AD, Assistant Principal, etc. They also must be an active administrator at this time. Be sure to include details such as their position in your school district and examples of their work to make the IHSSA better in your school district.

Deadline for application is Monday, September 26. Letters of recommendation can be sent at this time to the IHSSA State Office.

Please indicate on the outside of the envelope that it is a nomination for IHSSA Fine Arts Administrator of the year. Be sure to honor those who have made your life better through their support!

SUMMER JUDGES/COACHES WORKSHOP



THANK YOU, JUDGE CERTIFICATION COMMITTEE +!

DIRK WALLER (CB Lincoln), SHAWN STARR (Woodbury Central),
VINCE HRASKY (Tri-County), CARRIE TINKHAM (CR Washington)

Not Pictured:
LISA PHYFE
Waverly Shell Rock

**THANK YOU to all who attended the Summer Judges/Coaches Workshop on August 12!
All 140 + of YOU! Engaging and Educational!**

**An ABUNDANCE of THANKS to our presenters!
YOU ROCKED! HONK! HONK!**
TERESA JACKSON: Judging MIME - Yes You Can!
TERESA LAWLER: Judging the FAB 4 IE Events
JUDGE CERTIFICATION COMMITTEE: Judge Call In Show

To VIEW the ONLINE the WEBINAR: [CLICK HERE](#)
To VIEW the the PRESENTATION PDF'S: [CLICK HERE](#)
Materials are also available on the ihssa.org website

IHSSA + YOU



IHSSA DATES FOR 2023-2024

AUGUST 12, 2023 - JUDGES / COACHES WORKSHOP, VIRTUAL

**OCTOBER 13/14, 2023 - IHSSA COACHES CONVENTION
GATEWAY HOTEL, AMES**

**JANUARY 5/6, 2024 - STATE DEBATE TOURNAMENT,
DMACC, ANKENY**

JANUARY 20, 2024 - DISTRICT LARGE GROUP CONTEST

FEBRUARY 3, 2024 - STATE LARGE GROUP CONTEST

**FEBRUARY 17, 2024 - ALL-STATE FESTIVAL LARGE GROUP
IOWA STATE CENTER, AMES**

FEBRUARY 24, 2024 - DISTRICT INDIVIDUAL EVENTS

MARCH 9, 2024 - STATE INDIVIDUAL EVENTS

**MARCH 25, 2024 - ALL-STATE FESTIVAL INDIVIDUAL EVENTS,
UNI, CEDAR FALLS**

Get these dates to your students, parents, and administration so you
can plan for these dates next year!

Web link for all Unified Dates for 2022-2027
<http://ighsau.org/calendar/>



IHSSA + YOU

CONTEST!

CONTEST NOTES

Rule changes occur every other year. YES! This IS a rule change year for the IHSSA. Constitution and By-Laws Revisions are from 2023-2024 cycle. The changes from last fall are published on the www.ihssa.org website. The entire Constitution is now ONLINE. Please download and print a [NEW CONSTITUTION](#). The next changes will be in the FALL of 2025. Please make sure you are up-to-date on your Constitution and rules. Please throw away the old and [PRINT A NEW ONE!](#) The [RULE CHANGES](#) are also listed on the website.

SUBMIT

Membership Dues Paid?

Have you paid your 23-24 Membership Dues? Membership forms were sent from IHSSA Office mid August. These are due NOVEMBER 15, 2023. [MEMBERSHIP FORM](#)

USERNAMES

The usernames/passwords for on-line forms are the same as last year. If you need a refresh, call the State Office. Keep it handy; you'll be using it several times.

ACT/SAT Conflicts

There ARE conflicts with SAT testing. ACT tests are Feb.10 and April 13. SAT testing is on March 9, the same day as STATE IE. NO SPECIAL REQUESTS will be accepted for ACT/SAT TESTING.

POLICY DEBATE

Topics are posted at the following link: www.speechanddebate.org/topics

MENTORING PROGRAM

1st year Coach?
NEED extra Support?
Please call IHSSA OFFICE!
WE GOT YOU!

NEW COACHES

Contact PAM in State Office for IMPORTANT INFO! PAM@ihssa.org
She's got YOU!

REMINDER

When making payments please put on the check what event that check is for. This will assist Pam AND it will help YOUR bookkeeper and their work.

IHSSA Hall of Fame Scholarships

The 2023 IHSSA Hall of Fame Scholarships were awarded in June. All students were involved in many aspects of IHSSA participating in both Large Group and Individual Events as well as demonstrating community service. All four individuals were selected from many entries across the state after lengthy deliberations by the Hall of Fame Selection Committee. The Hall of Fame members would like to thank everyone who participated in this year's scholarship process. All applicants are applauded for their fine work in the IHSSA Family.



BRAYDEN BUTLER

Burlington Notre Dame
Coach MaryJo Miller

Pictured with HoF Member David Wendt

HALEY LUX

Kuemper Catholic
Coach Deb Gute

Pictured with HoF Member Brad Nesbitt



CHLOE REHMERT

Independence
Coach Gina Homan



GABE ROUSE

CAM
Coach Manda Thomas





NFHS: FREE Courses!

The National Federation of State High School Associations provided FREE learning opportunities. You are strongly encouraged to educate yourself regarding **COPYRIGHT COMPLIANCE** and **THEATRE SAFETY**. These online courses are FREE and are provided as a courtesy by the [NFHS Learning Center](#).

[COPYRIGHT COMPLIANCE](#)
[COURSE Link](#)

[THEATRE SAFETY COURSE](#)
[Link](#)



Contest Sites 24

*LG District assignments are released in December.
IE District site assignments are released in January.

NORTHWEST

LARGE GROUP DISTRICT

Denison
Northwestern College
Sioux City East

LARGE GROUP STATE

Spencer

INDIVIDUAL EVENTS DISTRICT

MOC-Floyd Valley
Sioux Central
Woodbury Central

INDIVIDUAL STATE CONTEST

Kuemper Catholic

NORTHEAST

LARGE GROUP DISTRICT

Cascade
Decorah
Union

LARGE GROUP STATE

Dubuque Senior

INDIVIDUAL EVENTS DISTRICT

Maquoketa Valley
Mason City
West Delaware

INDIVIDUAL STATE CONTEST

Hampton-Dumont CAL

SOUTHWEST

LARGE GROUP DISTRICT

ACGC
Clarke Osceola
Shenandoah
WDM Valley

LARGE GROUP STATE

Ankeny Centennial

INDIVIDUAL EVENTS DISTRICT

Bondurant-Farrar
Council Bluffs Thomas Jefferson
East Union
Waukee Northwest

INDIVIDUAL STATE CONTEST

ADM

SOUTHEAST

LARGE GROUP DISTRICT

Keota
Iowa City Liberty
Monticello
Pella

LARGE GROUP STATE

Pleasant Valley

INDIVIDUAL EVENTS DISTRICT

Montezuma
Mount Vernon
North Scott
South Tama

INDIVIDUAL STATE CONTEST

Cedar Rapids Xavier

STATE DEBATE:
ANKENY DMACC CAMPUS

LG.GROUP ALL STATE FESTIVAL:
IOWA STATE

IE ALL STATE FESTIVAL:
UNI

JUDGING CERTIFICATION SITES

NORTHWEST

Wednesday, September 20
Northwestern College DeWitt Theatre,
7:00 PM

Wednesday, September 27
Spencer High School, 7:30 PM

Saturday, October 4
Kuemper Catholic High School, 7:00 PM

Saturday, November 4
Woodbury Central High School, 9:30 AM

NORTHEAST

Wednesday, September 20
Union High School, 7:00 PM

Saturday, September 23
Hampton-Dumont High School, 9:30 AM

Saturday, October 21
Decorah High School, 10:00 AM

SOUTHWEST

Saturday, September 23
Ankeny Centennial High School,
10:00 AM

Saturday, September 30
ADM-Adel High School, 10:00 AM

Saturday, October 7
East Mills Elementary School, 10:00 AM

SOUTHEAST

Wednesday, September 13
Cedar Rapids Xavier High School, 6:30 PM

Saturday, September 16
Iowa City Liberty High School, 9:00 AM

Saturday, October 7
North Scott High School, 9:00 AM

VIRTUAL

Wednesday, October 25, 7:00 PM
Intermediate and Experienced Judges Only
Email Stacy@ihssa.org for link by Oct. 21

CONVENTION

Saturday, October 14
Gateway Hotel, Ames, 12:30 PM



IHSSA JUDGES + YOU!

Judge Certification sessions last for 1 1/2 hour. Please arrive 10 minutes EARLY! If you are unable to attend a session please contact stacy@ihssa.org. If you are a certified judge a letter will be sent to you with more info about certification. Please bring \$10 certification fee for the year and a writing utensil. ONLINE PAYMENT is now available at [THIS BOUND LINK](#). Or use the QR code.

SUBSCRIBE TO OUR YOUTUBE CHANNEL: IHSSA + YOU!



NEED A MENTOR? BE A MENTOR?

[MENTEE/MENTOR SIGN UP Link!](#) The IHSSA together with the IOWA ARTS ALLIANCE wants to connect new IHSSA teachers/coaches with experienced teachers/coaches. If you are in NEED of a MENTOR, please complete. If you can be a MENTOR, please complete.

For those individuals enlisting in the program that are also full-time speech/drama/debate/language arts teachers, **opportunities exist for a small stipend \$-\$--both for the MENTEE as well as the MENTOR.**

JUNE ANNUAL MEETING



Thank you to the Executive Committee, District Officers, Judge Certification Committee as well as designated reps from each of the committees that make up the IHSSA Advisory Committee. This year's June meeting was held at the Hotel Millwright in the Amanas. [2023 IHSSA Constitutional amendments](#) were discussed, voted upon, and passed onto the Executive Committee for final voting.

COACH AT LARGE ELECTION

Elections will be held this coming fall for the position of Coach at Large. Nominating ballots will be sent to administrators of each member school after Labor Day. This is a 4-year term. Anyone interested in running for the Coach at Large position may seek information regarding the procedures and process from the State Office. Carrie Tinkham, Cedar Rapids Washington, is the current CAL.

NE DISTRICT EXECUTIVE COMMITTEE ELECTION

Elections will be held this coming fall for the position on the Executive Committee for the NE District. Nominating ballots will be sent after Labor Day to each administrator of member schools. If you have an administrator who is interested in serving on this Committee please have them contact the IHSSA State Office. We will be glad to give them details and the responsibilities needed for this position. This position is due to the retirement of Russ Reiter, Independence, who fulfilled his 4-year term.





CONGRATULATIONS to the inaugural
2023.24 **RISE** members!

Adelaide Brennan, SW, Waukee
Kaylee Cavanh, SE, Iowa City Liberty
Kiran Efenbein, SE, Grinnell
Mar Feitelson, SW, Valley West Des Moines
Isabella Hogan, SW, Nodaway Valley
Kathryn Kelly, NE, Decorah
Chloe Koch, NW, Denison
Sai Pranav Kota, NE, Cedar Falls
EJ Miller, SE, Cedar Rapids Washington
Riley Peterson, NW, LeMars
Landon Pottebaum, NW, West Lyon
Jaxson Rew, NE, Hampton Dumont CAL

RISE (Rise IHSSA Student Ensemble) is a student group acting as a voice of Iowa's student participants.

RISE

Support provided by the Iowa Humanities Council and the National Endowment for the Humanities.

**IOWA HUMANITIES
COUNCIL**

Any views, findings, conclusions, or recommendations expressed in this article do not necessarily represent those of the National Endowment for the Humanities.

