

Sports Medicine Advisory Committee Emergency Action Plan Policy

The Sports Medicine Advisory Committee developed the following Emergency Action Plan Policy with support from the IHSA, IGHS, IHSMA, and IHSSA.

Every school or organization that sponsors athletics or interscholastic activities through IHSA, IGHS, IHSMA and IHSSA is **recommended** to develop a written Emergency Action Plan (EAP) specifically for managing serious and/or potentially life-threatening sports-related and after-school-sponsored activity medical emergencies. The schools' emergency action plan should be dedicated to athletics and activities and separate from emergency operation planning during school hours.

Every school or Organization EAP should include:

A written EAP for all sponsored activities, each venue and each sport
A designated EAP coordinator
Development of the EAP will involve an interdisciplinary healthcare team
EAP will be distributed at least annually with all members of the interdisciplinary team
EAP will be reviewed at least annually with all members of the interdisciplinary team
EAP will be rehearsed at least annually with all members of the interdisciplinary team and documented of rehearsal (when, where and who was present)
The EAP is coordinated with local emergency responders and public safety officials
The EAP is available and posted at all venues
The EAP is discussed as part of pre-event medical meeting
Emergency equipment is available and readily accessible with identifiable signage
AED should be on-site and retrievable within 3 minutes
EAP activation should begin with contacting local emergency responders